

CERTIFICATION REQUIREMENTS

PLAYer	Par	Birdie	Eagle
Core Lessons 1-9	Core Lessons 10-15	Core Lessons 16-21	Core Lessons 22-27
Respect	GAME	Dreams & Goals	Wellness
Confidence	Meeting & Greeting	Important & Positive Goal	Go-To Team
Honesty	3 Tips for Having Fun	Specific & Under Your Control	Appreciating Diversity
Judgment	4 Rs	Different Types of Goals	CARE
Integrity	Personal Par	Goal Ladder STAR	Go-To Person
Sportsmanship			Planning for the Future
Responsibility			
Courtesy			
Perseverance			

First Tee Lesson Exposure

Minimum of ONE session (spring, summer, or fall)	Minimum of TWO sessions (spring, summer, or fall)	Minimum of TWO sessions (spring, summer, or fall)	Minimum of TWO sessions (spring, summer, or fall)
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Age

7 or older	9 or older	11 or older	12 or older
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Yardage Book

Completed & turned into site coach	Completed & turned into site coach	Completed & turned into site coach	Completed & turned into site coach
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Written Applications

Life Skills Knowledge = 10/12	Life Skills Knowledge = 15/18	Life Skills Knowledge = 20/24	Life Skills Knowledge = 25/30
Golf Skills Knowledge = 8/10	Golf Skills Knowledge = 12/15	Golf Skills Knowledge = 16/20	Golf Skills Knowledge = 20/25

Three PLAYer Development Plans Completed and Submitted to Coach of Nine Healthy Habits Application

The First Tee Golf Skills Application

Playing Requirements (Turn Scorecards into Site Coach)

One 9-hole round of 72 or less (1,500-1,900 yards)	Five 9-hole rounds of 54 or less (1,900-2,500 yards)	Ten 18-hole rounds of 103 or less (5,000-6,000 yards)
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Putting

9-holes Fast/Safe/Courteous	9 holes Maximum of 27	9 holes Maximum of 21	9 holes Maximum of 18
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Chipping

3 holes (up & downs) Maximum of 12	6 holes (up & downs) Maximum of 21	9 holes (up & downs) Maximum of 27
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Full-Swing (Greens)

2 of 6 balls land on the green	3 of 6 balls land on the green	4 of 6 balls land on the green
35 yards (for 9-10 year old)	35 yards (for 10 year olds)	N/A
50 yards (for 11-12 year old)	50 yards (for 11-12 year old)	65 yards (for 11-12 year old)
75 yards (for 13+ year old)	75 yards (for 13+ year old)	100 yards (for 13+ year old)

Full-Swing (Fairways)

2 of 6 balls land in the fairway	3 of 6 balls land in the fairway	4 of 6 balls land in the fairway
75 X 20 yards (for 9-10 year old)	N/A	N/A
100 X 25 yards (for 11-12 year old)	100 X 25 yards (for 11-12 year old)	130 X 34 yards (for 11-12 year old)
150 X 38 yards (for 13+ year old)	150 X 38 yards (for 13+ year old)	170 X 44 yards (for 13+ year old)

Certification is conducted during the last week of PLAYer, Par, Birdie, & Eagle Classes. For questions regarding the Certification Process, contact Craig Sandstrum at craig@thefirstteegreaterwilmington.org